

Venue Map

FREE Family Friendly Celebration of GREENLiving
 Saturday, April 16 • 11 am-6 pm
 1001 6th Street NW



Hands-on Demos • Local Music • Bike Rodeo • City Bus Demo • Kids Fun • Tree Plantings • Mural

FREE Family Friendly Celebration of GREENLiving

Rochester's Neighborhood Resource Center

RNeighbors

Good Food Store Co-op & Back Room Deli

JOE'S AUTO CARE

Radish
HEALTHY LIVING FROM THE GROUND UP

COUNTY OF *Olmsted*

GPI
GREEN PLANET DISPOSAL INC.

Sixta Insurance LLC

Southeast Regional Sustainable Development Partnership

UNIVERSITY OF MINNESOTA
Driven to Discover™

sarah field photography.com

Minnesota GreenCorps

ROCHESTER PUBLIC SCHOOLS
Rochester, Minnesota

MAIER
Forest and Tree.com

Parks & Recreation
Rochester, MN

AffordableButts.com
888-603-0308

Exhibitors

Honeymoon Honey

honeymoonhoneybees@hotmail.com
All products are made from honey, wax, and olive oil. Their bees, wax, and honey are all from the Rochester area.

University of MN Extension Master Gardeners

www.co.olmsted.mn.us/extension
The Master Gardener program in MN is an educational program designed to train volunteers to help other people in their communities with horticulture. The program was created in 1977 and is administered by the UofM Extension Service. Most counties in Minnesota have active Master Gardeners. Volunteers receive professional training in home horticulture by university specialists in exchange for volunteer time. This training sets Master Gardeners apart from other home gardeners and allows them to be effective resources in their local communities. Working with local county Extension offices, Master Gardener activities benefit schools, community education programs, garden centers, farmer's markets, historical sites, and many other programs.

Nichelle Franzen

Nichelle@franzen-arts.com
Have too many t-shirts? They can be made into shopping bags!
Demonstrations and printed instructions available. There will also be crocheted items for sale to reduce waste including coffee cup cozies to eliminate the cardboard that gets put around the cup and face scrubbies to eliminate disposable face cleaner pads.

U of M Nutrition Education Program

jodyhems@umn.edu
People with limited incomes can discover how to make healthy food choices while stretching food dollars in our classes. This program is funded by the USDA Supplemental Nutrition Assistance Program Education and the Expanded Food and Nutrition Programs.

Joe's Auto Care

www.joesautocare.net
Joe's AutoCare is a locally owned and operated full service maintenance and repair shop, that's been in business for 11 great years. With our convenient hours & free shuttle service we are confident to get you fixed up and back on the road in a convenient and timely manor! We also provide towing service, premium bridgestone tires at competitive prices, a free roadside assistance program, and are backed with a Nation Wide Warranty Program! Our ASE certified technicians, Quality Personnel, and the latest in Diagnostic Equipment we are confident and driven to provide accurate repairs the first time every time! At Joe's AutoCare, we are service based to serve you better!

GPI - Green Planet Disposal

steveleegpi@yahoo.com
Green Planet Disposal is a locally owned and operated disposal company based in Rochester MN. We service Rochester and the surrounding area providing trash removal and recycling services to Commercial, Residential, Construction, and Industrial roll off boxes (10, 20 & 30 yard) clients.

MPCA - MN Pollution Control Agency

www.pca.state.mn.us
The Minnesota Pollution Control Agency (MPCA) monitors environmental quality, offers technical and financial assistance, and enforces environmental regulations. MPCA finds and cleans up spills or leaks that can affect our health and environment. Staff develop statewide policy, and support environmental education. The MPCA works with many partners — citizens, communities, businesses, all levels of government, environmental groups, and educators — to prevent pollution and conserve resources.



We're Glad You're Here!

Welcome to the Think Green Fair, a little gathering that we've put together for you to experience earth friendly living in Minnesota.

Take a deep breath and plan out your day. Wander around and visit with our vendors and artists.

Learn from our presentors. Enjoy some tunes. Maybe win a raffle. Take some time to get to know someone new at the Fair. Make a pledge to use at least one thing you learn today to green up your life.

Schedule of Events

- Tree Planting: 1 pm, 3 pm, 5 pm
- Storm Drain Marking: 12 pm, 2 pm, 4 pm
- Mural Painting: All Day
- Oil Recycling: All Day
- Battery Recycling: All Day
- Plastic Bottle Recycling: All Day
- Bus Demo: All Day
- Bike Rodeo: All Day
- Food/Cooking Demo: All Day
- Water Feature Demo: All Day



Composting: Break it down



2. Throw in your kitchen scraps and yard waste.



3. Mix it up with a shovel or pitchfork once in a while.



Learn more www.pca.state.mn.us

* Exhibitors *

Olmsted County Environmental Resources

olmstedwaste.com

"There's a proper place for your waste in Olmsted County!" The Olmsted County Environmental Resources, Solid Waste Division is providing recycling opportunities for vendors and attendees this year! Volunteers will be available at the waste and recycling stations to tell you what can be recycled. Stop by our booth to learn more about our integrated solid waste management plan, where our materials go, what the benefits are, and what our recycled materials get made into.

City of Rochester Storm Water Education

rochesterstormwater.com

As our community grows, so must our commitment to protecting and improving the quality of our water resources. Our lakes, rivers, and wetlands help make Rochester one of the nations' most livable communities. Keeping our water resources clean and useable is in everyone's interest.

Project Get Outdoors, Inc.

mnprojectgetoutdoors.org

Project GO is a 501c3 non-profit with the mission to link youth and caring adult mentors to exploration, play and reflection in nature near local communities so youth will grow to be healthy, comfortable outdoors, and knowledgeable and passionate about their land and community throughout their lives. We serve ALL youth while limiting participation barriers for under-advantaged youth.

Maier Forest and Tree, LLC *

forestandtree.com

Maier Forest and Tree is a professional Forestry and Arboriculture company dedicated to caring for the trees that people love. Based out of Rochester, and serving it as well as surrounding communities, Maier Forest and Tree offers pruning, tree removal, plant health care and consulting services for a diverse clientele including...homeowners, businesses, municipalities, developers and institutions. Owner Jay Maier has used his 15 years of experience as an arborist, consulting forester and community forester to turn Maier Forest and Tree into a small business that gets big results. While the expert knowledge of Jay and his staff are vital to the success of the company, what sets them apart is its dedication to customer service.

Whitewater Gardens

whitewatergardens.com

Whitewater Gardens is SE MN's premiere water feature designer and installer. With over 10 years experience creating beautiful waterfalls, ponds and satisfied customers we've learned that quality is value.

Rochester Pond & Garden Tour

www.pondandgardentour.com

The Rochester Pond and Garden tour will also host educational activities to teach and inspire neighbors, neighborhoods, and businesses to incorporate "green" practices into their landscapes.

Features to Consider When Buying or Making a Rainbarrel

Removable lid or opening—for cleaning inside the barrel

Filter—to keep out debris and mosquitoes

1.5 inch diameter overflow—attach sump-pump hose and direct to a second rain barrel or to an appropriate site away from the foundation (Note: 3/4-inch garden hose overflow is often used, but will not accommodate heavy rain events.)



UNIVERSITY OF MINNESOTA
EXTENSION

Optional spigot—for filling watering cans

Spigot—for garden hose attachment

Teamwork

Lots of work goes into an event, and the Think Green Fair is no exception. We'd like to thank all of those who were behind the scenes making sure that it was successful.

Event Partners

(indicated in program by *) These businesses and organisations really came forward with time, talents and resources to make this a event a true community resource on green living.

- RNeighbors
- Good Food Store
- Radish
- Olmsted County Public Health Environmental Resources Youth Commission
- UM SE Regional Partnership Advisory Council
- Sixta Insurance
- Sarah Field Photography
- GPI - Green Planted Disposal
- City of Rochester Park and Rec
- Maier Forest and Tree, LLC
- Affordable Buttons
- Minnesota GreenCorps
- Conversation Minnesota

Thank You

- Sara Dummer, Kwik Trip
- Al Mannino, Home Federal
- DeWitz Construction
- EmPower CTC
- Greg Wimmer's amazing artistry
- Spectrum Pro Audio
- Bicycle Pedestrian Advisory Committee
- Active Living Rochester
- MN Bike Alliance
- Rochester Downtown Farmers Market
- Student volunteers from Augsburg College, Winona State, and University of Minnesota Rochester
- Minnesota Energy Resources
- Rochester City Lines
- Rochester Service Company
- Minnesota Pollution Control Agency

Indoor Exhibitors

Inside the Good Food Store • 1001 6th Street Northwest

The Good Food Store Co-op and Back Room Deli

rochestergoodfood.coop
A a consumer owned natural foods store promoting healthy, sustainable, and cooperative living.

They value:

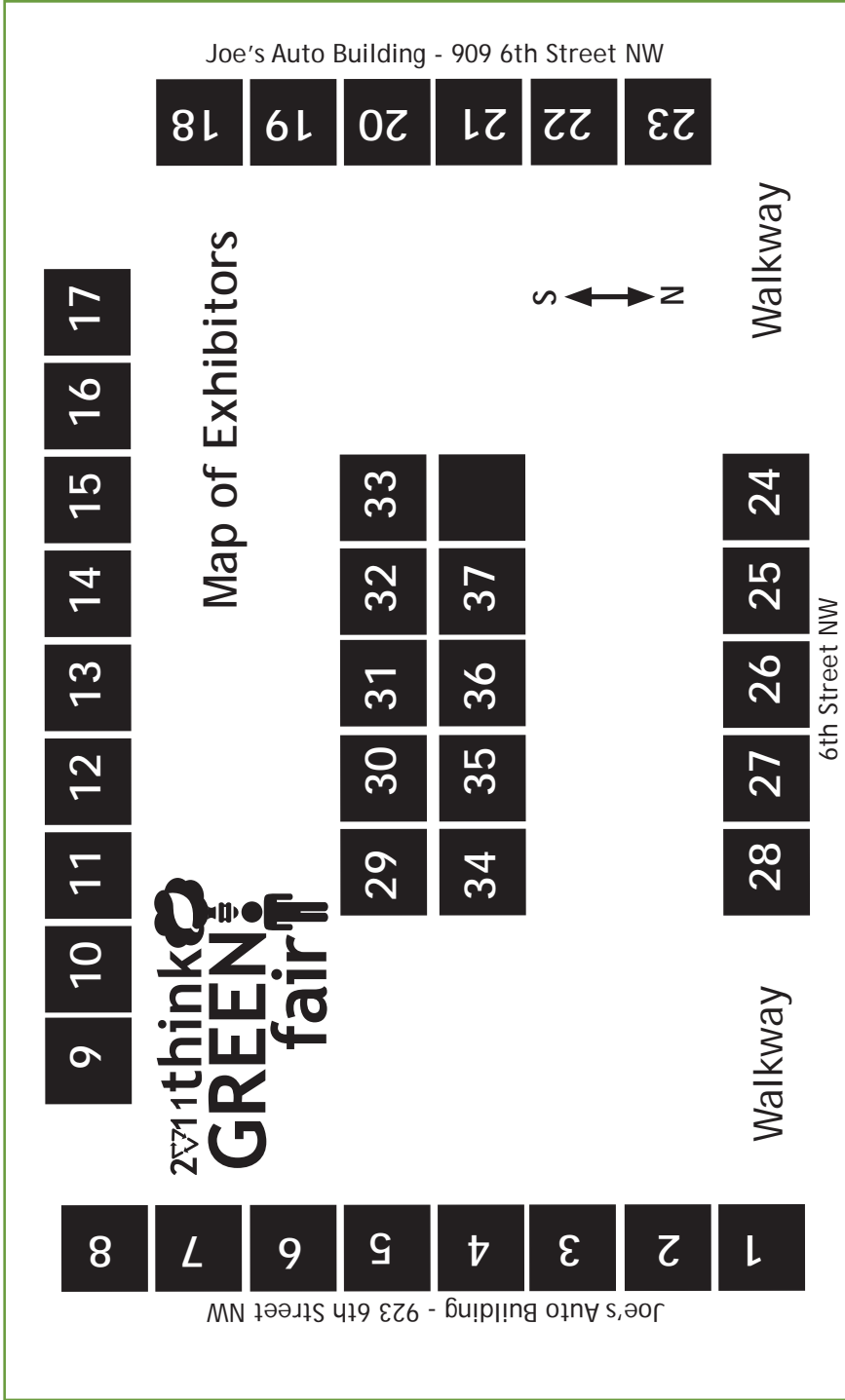
- Quality over quantity
- Minimal processing and traditional preparation
- Fair-trade and humanely raised products
- Short food chains and local, sustainable farms
- Environmentally friendly and economically sound business practices
- Open membership, democratic control, member economic participation, autonomy, education, and community

Sarah Field Photography

sarahfieldphotography.com

The best advice that Sarah can give in selecting a photographer is to choose one whose images tug at your HEART-STRINGS! That is what she strives to do; creating art for you. For your family. For your life. For your home. She makes the "everyday" and makes it "everlasting", capturing love, life, and relationships.

Sarah is providing photography for the Think Green Fair. "I can't wait to capture all of the colors, textures, people and activities!" Check the RNeighbors facebook page to see the images Sarah captured at the Think Green Fair 2011.



Map of Exhibitors

1. Olmsted County Public Health (Think Green Pictures)
2. Olmsted County Public Health (Safe Routes)
3. Olmsted County Public Health (Local and Organic Foods)
4. Tazza Espresso
5. Radish
6. RCTC – Cambodia Travel Study
7. Sure Michelle Instruction
8. Lilly Bud Naturals
9. Rock Spring Farm
10. The Zeitgeist Movement
11. Time Trader
12. Olmsted County Youth Commission
13. Minnesota Energy Resources
14. MishMash Yarns
15. Friends of Indian Heights Park
16. Rochester Area Builders, Inc.
17. Barrel Depot
18. Honeymoon Honey
19. University of MN Extension Master Gardeners, Olmsted County
20. Nichelle Franzen
21. University of MN Nutrition Education Program (Food Demo)
- 22 and 23. Joe's Auto Care (Oil and Battery Recycling)
24. GPI - Green Planet Disposal
25. MN Pollution Control Agency/ MN GreenCorps
26. Olmsted County Environmental Services
27. City of Rochester - Storm Water Education (Storm Drain Marking)
28. Maier Forest and Tree, LLC
29. Earth Dance Farm
30. Project Get Outdoors, Inc
31. Quarry Hill Nature Center
32. Land Stewardship Project
33. Zumbro Watershed Partnership
34. Conservation Minnesota
35. Beaver Lake Creations
36. Clean Energy Resource Teams (CERTS)
37. Simple Soaps for Simple Folks

Other (see Venue Map - back cover)

- Rochester City Bus Demo
- Bike Rodeo
- Food Cart
- RNeighbors
- Water Feature Demo
- Tree Planting Demo
- Plastic Bottle Mountain

Exhibitors

Tazza Espresso

tazzaespresso.com

A fully equipped and locally owned professional barista service, Tazza sells specialty made to order coffee drinks from their mobile espresso bar.

Olmsted County Public Health

co.olmsted.mn.us

komosinski.michelle@co.olmsted.mn.us

The Communities Putting Prevention to Work (CPPW) at Olmsted County Public Health Services is a federally-funded program promoting increased access to healthy foods and opportunities to be physically active, with the ultimate goal of preventing obesity and chronic disease. Intervention activities include:

- Increasing the number of farmers markets countywide
- Improving the affordability of farmers market produce through an incentive program for WIC and EBT customers
- Developing a bicycle master plan to be incorporated into the county's long-range transportation plan
- Encouraging the county to adopt a Complete Streets policy
- Piloting a healthy vending program at Rochester Community and Technical College
- Promoting trail usage through increased trail signage and local media
- Supporting and enhancing school efforts to encourage students to walk or bike safely to school

RCTC – Cambodia Travel Study

cambodiartc.project.mnscu.edu

Selling items from Cambodia that are "earth friendly" and "fairly traded," purchased items from Cambodia from NGO's that help rehabilitate land-mine survivors, children who live at the garbage dump and trafficked individuals. Many of the products will be earth friendly - featuring bags sewn from rice bags.

Sure Michelle Instruction

suremichelle.com

Music. Fitness. Yoga. How are you going to change your life, alter your perspective, learn about yourself, go out on a limb, find your way, stretch your mind today? Give yourself permission to move, to create & to express yourself, whether through the formation of a melodic phrase, the flow of the movements of your body or the completion of a strenuous workout. It's all here, waiting for you.

Lilly Bud Naturals • lillybudnaturals.com

Lilly Bud Naturals, based in Rochester, is focused on creating wholesome, aroma-therapy-inspired household cleaning solutions and body care essentials. Using the safest, most effective ingredients in household cleaners, along with essential oils for their antiseptic and antibacterial power. Body care formulations are created from nature's most beneficial and healing resources, blending all of the good and none of the bad.

Rock Spring Farm • rsfarm.com

Short for Community Supported Agriculture, some folks refer to CSA a produce subscription, a garden share, or a vegetable-of-the-week program. Each week throughout the growing season we select the best of Rock Spring Farm's certified organic produce, quickly and carefully wash, chill, and pack it, and deliver it to a neighborhood near you.

Radish

radishmagazine.com

Radish is a bi-monthly magazine published by The Post-Bulletin Company, L.L.C. The cornerstone of Radish is the relationship between consumers and local growers and producers. They inspire to seek out the agricultural riches of the land and the many ways to find and benefit from them. Radish also shares the secrets of how to improve health and fitness, how to nourish mind and soul and how to enrich home and garden. They showcase the events and regional destinations that restore health and spirit; we lead you to outdoor activities that put you in touch with nature's healing power and introduce the natural products and services that can help them feel and look the way they want. They'd like to thank The Friends of Radish for their commitment to our mission and their support.

Exhibitors

Quarry Hill Nature Center

www.qhnc.org

The 320-acre park features paved and hiking trails, a pond, and a historical man-made sandstone cave. In the winter months, cross country skis and snowshoes are available for rent to use in the park. Year-round classes, day camps, trips, and activities are offered by Nature Center staff.

Zumbro Watershed Partnership

www.zumbrowatershed.org

The Zumbro Watershed Partnership, Inc. (ZWP), is a non-profit organization, formed with a mission "To Promote the Protection and Improvement of the Zumbro River Watershed". We are member driven, with a strong partner connection to provide the best community and professional attention to watershed topics. As the organization grows, we will work with both rural and urban water quality issues to find the best solutions for all the residents of the Zumbro River Watershed.

Conservation Minnesota

recyclingrefund.org

The State of Minnesota set a goal to recycle 80% of beverage containers by 2012. Currently Minnesotans recycle less than half that amount. The Minnesota Recycling Refund Act would encourage recycling, reduce litter, and decrease recyclables in landfills. It would also help raise income for the state, fund local curbside programs, create jobs, and provide great fund raising opportunities for schools and civic organizations.

Beaver Lake Creations

mwalters@pitel.net

Purses and bags made from jeans, neck ties, record album covers, t-shirts, beer caps, beer labels wine labels, wine corks and old fur. Purse handles and some hardware are from old purses. Wine gift bags made from wine labels and corks. These are decorated with jewelry that was broken. Business card holders made from neck ties. Checkbook covers made from old leather coats. Bracelets made from pop tops. Wedding items made from pre-loved wedding dresses.

Clean Energy Resource Teams

www.cleanenergyresourceteams.org

The Clean Energy Resource Teams (CERTs) connect you and your community members with resources to identify and implement energy efficiency and renewable energy projects.

Simple Soaps For Simple Folks

www.simplegoatsoaps.com

Simple Soaps objective is to create a quality bar of handcrafted goat milk soap for you, the customer, to use, gift, and above all, ENJOY! We do this by using organic base oils, avoiding synthetic colors/pigments, utilizing my own fresh goat's milk, and producing smaller, artisan batches of soap to preserve quality and craftsmanship.

Earth Dance Farm

earthdancefarm.net

Earth Dance Farm is an 80 acre parcel in the rolling hills of S. E. Minnesota's Bluff Country. We have 25 acres of tillable land, 20 acres of pasture/place and 35 of hardwoods with Bear Creek running through. Purchased in Dec. of 2005, this culminated a nearly two decade journey back to the land. With our house in St. Paul and two children in the schools there, we spent most of 2006 moving down to Spring Valley. We were able to plant our raspberries, strawberries and apple trees, establish some bee colonies and transition our horses. We grew over 25 vegetables and began our CSA with 6 families in St. Paul. No pesticides, herbicides or synthetic fertilizers are used in the production of our produce.

RNeighbors

RNeighbors.org

In a city with a growing population of over 100,000 people, connecting with neighbors is a challenge for both seasoned and newly arriving Rochester residents. RNeighbors, the Rochester Neighborhood Resource Center, works to efficiently and collectively organize resources, and encourage neighbors of all ages to interact with one another to build relationships that foster a diverse, welcoming community.

Exhibitors

The Zeitgeist Movement
anguye1789@gmail.com
Intended to restore the fundamental necessities and environmental awareness of the species through the advocacy of the most current understandings of who and what we truly are, coupled with how science, nature and technology (rather than religion, politics and money) hold the keys to our personal growth, not only as individual human beings, but as a civilization, both structurally and spiritually. The central insights of this awareness is the recognition of the Emergent and Symbiotic elements of natural law and how aligning with these understandings as the bedrock of our personal and social institutions, life on earth can and will flourish into a system which will continuously grow in a positive way.

Timer Trader

www.familyservicerochester.org/timetrader
www.servicerochester.org
Time Trader is a TimeBank – an exchange network through which members earn Time Dollars (TD\$) for time spent helping other members. One hour of service equals one TD\$. With TD\$, members can “buy” services they want or need. Everyone’s time and service are valued equally. TimeTrader keeps track of service offers, requests, exchanges and TD\$ accounts through an online database called Community Weaver. Here is an example of how it works: Al fixes Jane’s fence, which takes 2 hours. He earns 2 TD\$. With his TD\$, he purchases 2 one-hour guitar lessons from Brad. Brad spends his TD\$ on a massage from Nicole. Nicole uses her TD\$ to get help preparing her taxes from Chad...

Olmsted County Youth Commission

www.co.olmsted.mn.us
gorfine.mary@co.olmsted.mn.us
The Youth Commission represents a cross section of youth and adults who work with local government, businesses, and non-profit organizations to give young people in Olmsted County a voice.

Minnesota Energy Resources
www.minnesotaenergyresources.com
“Provide Customers with the Best Value in Energy and Related Services”. This mission describes what they do and who they serve. It provides focus for their everyday work and long-term direction for the strategic planning.

Mish Mash Yarns

www.mishmashyarns.com
At MishMashYarns, we find old, discarded sweaters and turn them into something new again. Saving the world...one sweater at a time.

Friends of Indian Heights Park

www.foih.org
Friends of Indian Heights (FOIH) provide stewardship, advocacy, and education to actively preserve, restore, and respect the endangered environment and unified neighborhood of Indian Heights Park (IHP) and Thompson Mill Race Park (TMRP) in Rochester, so that they can remain viable historic, natural areas for all to enjoy.

Rochester Area Builders, Inc.

www.rochesterareabuilders.com
Rochester Area Builders, Inc, chartered in 1953, is a professional organization of commercial & residential builders, remodelers, developers, and associated businesses dedicated to advancing the building industry in Southeast MN. They are the trusted voice of the industry, providing leadership, education, networking, and information resources to our members, community, and government officials.

Barrel Depot

www.barreldepot.com
A small Minnesotan company that is working towards an eco-friendly environment. They salvage young, good condition, used wine barrels to reuse, convert them into rain barrels and repurpose. The barrels are constructed from solid American or French Oak. Many of the barrels we acquire can still be used for wine making. Some people even choose to make beer or tequila in our barrels!



Groovy Tunes

The Nodding Wild Onions

11-11:55 am

The Nodding Wild Onions is an 8-piece band from the Rochester area. They are made up of a variable group of musicians, committed to crossover blues as both a genre and a philosophy. The group plays familiar blues and folk songs, some less familiar songs, and some original material, including such future smash hits as “Micro-surgical Vasectomy Reversal,” “Tall Drink of Water,” and “Blue Water Blues.”

Adja Gildersleve

12:15-1:10 pm

Organically homegrown in Southeast Minnesota, Adja Gildersleve expresses her eternal love for the midwest through folky lyrical harmonies and rhythmic chords. Her words are personally sincere and meant to relate with the audience. Adja’s vocals/guitar mixed with Kelly Mason’s smooth trumpet creates a charmingly unique sound. Great appreciation of the region is illustrated in the debut album “Minnesota Nice!”

Dan Heublein & Friends

1:25-2:10 pm

Dan’s areas of knowledge include traditional drum-set, congas, djembe, Latin Rhythm, Brazilian Batucada, and more. He’ll be accompanied by friends that will add musical elements to this performance.

Corey Koehler • 2:25-3:20 pm

Corey Koehler (pronounced KAY-ler) is a local “Americana” singer/songwriter/acoustic guitarist. The title of his first CD, Never Too Late, reflects Koehler’s own path to singing and songwriting. Around the age of 30, Koehler finally decided he wanted more than he could wean from a nine-to-five job. He picked up his guitar, which he hadn’t touched in years, and discovered not all was lost. Something about the music gave Koehler the fulfillment he was searching for.

Astrogliders

3:35-4:35 pm

Astrogliders is a 3-piece alternative rock group from Rochester. Watching the Astrogliders is like watching a schizophrenic octopus directing colors on an imaginary movie set somewhere at the bottom of the ocean. They play music that is best enjoyed very loud.

Luke ‘n Bob, Texas

4:50-5:50 pm

Luke ‘n Bob, Texas is a 5-piece group from Rochester. Members include: Luke, hollerin and geetar; Bob, electrified geetar; Al Paso, amp’d up lead geetar; Belcephus, bass geetar; Whitey, sticks n skins. Influences are Waylon, the Hanks, DAC, whiskey, beer and women.



Ecofont



As another earth-friendly step, we have printed this program on recycled paper and used Ecofont, a font that has

tiny holes in the letters with no effect on legibility, saving up to 25% on ink or toner. www.ecofont.com